

Work



### Nathan Small Thermal Quickdraw Hydration Carrier (\$30)

Go to work, then leave, on lunch that is. Although the Thermal Quickdraw works well for short distance runs, this 22 ounce bottle carrier is really great to take to the office for those lunch time runs. What you need without the overkill: its insulated sheath keeps the liquid inside a cool temperature for those stifling days and a little zippered pouch alleviates the problem of misplacing your office keys. With the hand strap made of Airmesh moisture wicking material, lined with 3M Scotchlite™ reflective trim, shaking the bosses hand after your run or staying late becomes much less of a hazard.

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### Simon River Sports XWing Paddle (\$370)

The Xwing is SRS's new high performance, all carbon blade. Used in sprint, marathon, surfski, downriver and adventure racing, the Xwing paddle will maximize your output while you race towards the finish line. SRS has found there to be a 10% increase in boat speed per stroke, thus they recommended the XWing for paddlers that want to go their fastest by getting the most from their output. The SRS 3 and 5-piece paddle systems are currently the number one choice in adventure racing.

### Keen Wasatch Crest (\$160)

Getting ready for your next ultra or shorter trail run through dirt and water, good. Toss a pair of Keen's Wasatch Crest's in your training bag and get ready for some mud slinging. Unlike many shoes, there is no need to wait around for sweat to condense, the vapour is allowed out by the eVENT waterproof barrier which keeps your foot dry while allowing it to breathe. Their 'known-for' toe protection is included (so no worries about stubbing your toes) as well as other amenities like their Metatomical tri-density footbed, extra heel support (for added shock absorbing and stability) and integrated arch and forefoot stabilization plate. One other nice thing: the shoe actually bends where you want it to giving it a very comfortable feel. That's thanks to the asymmetrical lace up top.

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### Trak kayaks Collapsible Kayak (\$5575)

What? A kayak in a bag and it performs like a sea kayak? It took us about 12 minutes to build the kayak without having done it before, and about a few minutes more to figure out how we could make it work to its best. Trak's kayak has an extremely sturdy design, a very rugged skin and a very functional replacement for a rudder: using the hand jacks in the kayak, you can adjust the rocker (for various water conditions) and you can adjust the nose and tail side to side to take care of any annoying crosswinds. The best part about this kayak is that you don't need a separate trailer or rack to transport it and this also means that there is no need to rent at your next off-road tri or solo adventure race. All of this fits neatly into a bag that is a little smaller than a hockey bag, so it can totally fit into your enviro-friendly compact hatchback.

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